

# ***We Thrive Together***

We Thrive Together is an organization that aims to reduce social isolation and loneliness of individuals aged 50 or older.

The Garfield Heights Senior Center is working with We Thrive Together to offer FREE online programming for anyone who wishes to participate. There are a variety of programs offered, including exercise classes, brain games, bingo, presentations, support groups and much more.

You'll find a full list of programs on [www.WeThriveTogether.org](http://www.WeThriveTogether.org). After registering for an event, you will receive instructions to join the online program via telephone or any internet-ready device.

To register for an event, please email [alyssa@wethrivetogether.org](mailto:alyssa@wethrivetogether.org) or call (330) 727-9452.



**We Thrive Together**